



RICE

Flu Preparedness

Are you Ready?

September 4, 2009



Policy Statement

“The purpose of emergency planning is to ensure proper effort by all areas of the University and to protect life and property of the Rice community, to keep lines of communication open to all areas of the community, and to define responsibilities of essential personnel in the event of a man-made or natural emergency.”

--Rice University Research Policy No. 105-02

Translates to...

- 1** Life Safety
- 2** Preservation of Research and Assets
- 3** Resumption of Teaching



What Are The Flu Symptoms?

Main Symptoms:

Fever above 100.4 degrees Fahrenheit (38 degrees Celsius) with a cough and/or sore throat.

Additional Symptoms:

Others may include body aches, headache, chills, fatigue, runny nose, diarrhea and vomiting.

CDC Recommendation:

In most cases, the Centers for Disease Control and Prevention recommends bed rest and plenty of fluids until the symptoms subside, which could take one to five days.

How Can I Stay Healthy?

Wash Your Hands:

Wash hands frequently with soap and water for at least 20 seconds. Alcohol-based hand sanitizers are also effective.

Avoid Touching Your Face:

Refrain from touching your eyes, nose, or mouth, as much as possible because germs spread that way.

Get Vaccinated:

Vaccines can help you avoid the flu or lessen the impact of flu symptoms.

Prevent the Spread of Germs:

Cover your nose and mouth with a tissue when you cough or sneeze. If tissue is not available, cough into your arm or elbow.

What Do I Do If I Have The Flu?

Students:

- Call Student Health Services at 713-348-4966.
- If within driving distance, go to your parents' home.
- Quarantine yourself in your room and arrange for a friend to bring meals and other items to you.
- Don't return to class and social activities until at least 24 hours after you no longer have a fever (without fever-reducing medications).

Faculty or Staff:

- Contact your physician.
- Notify your supervisor.
- Stay home from work until at least 24 hours after you no longer have a fever (without fever-reducing medications).



H1N1 Communication

- Web Page
- News Articles
- Letters/Emails to ...

H1N1 Education

- Documents
- Seminars/Lectures

H1N1 Timeline

- Conferences
- Weekly H1N1 team meetings
- H1N1 Census

H1N1 Decision Making Tools

- Tipping point model
- Critical functions by department
- H1N1 outbreak drill

Supplies

- Flu Kit- students
- Flu Kit: benefits-eligible Faculty/Staff
- Medical supplies for SHS
- Cleaning Supplies Inventory Management
- HEPA filter units by EH&S

H1N1 Policy Guidance

- Guidance to go home and stay home if sick
- Reinforce current flexibility for academics
- Guidance to supervisors about benefit time

H1N1 Procedures

- Activate response team
- Install hand-sanitizers
- Cleaning enhancements
- Residential Colleges/Graduate Housing
- Social Distancing
- High Risk Groups
- Additional Medical Resources



High-Touch Surfaces

- Establish routine frequent cleanings of doorknobs, elevator buttons, and common area tables

Self-Cleaning

- Encourage students and staff to frequently clean their immediate areas
- Prepare extra cleaning kits for students and staff to use in their areas

Alcohol-based Hand Sanitizers

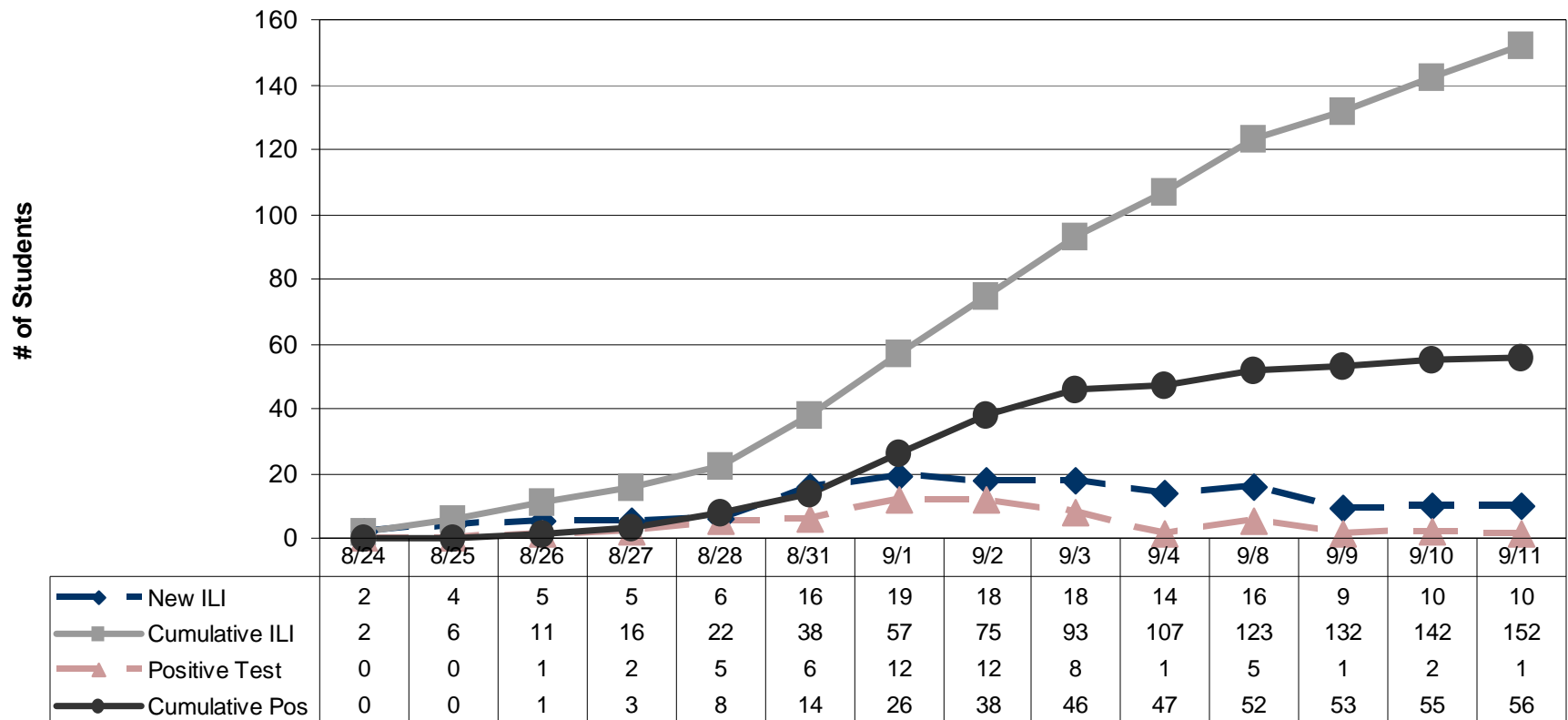
- Use one of the 150 installed hand-sanitizers across campus
- Use hand-pump sanitizers in off campus locations

Hand Washing Flyer

- Post and maintain hand washing flyers in all public bathrooms



Rice University Student Daily Flu Census
Fall 2009



* Per Student Health Services